

New Life Vineyard

Pathway into Discipleship



The Spirit-Filled Life

Key Verse

Ephesians 5:18

¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

Ephesians 1:13-14 says that when you put your trust in Jesus for salvation, you were sealed with the Holy Spirit. If you've received Christ as your savior, the Spirit of God actually dwells in you!

Though all believers are indwelt by the Holy Spirit, not all believers are filled with the Spirit as Ephesians 5:18 commands. This lesson is designed to help you understand both how you can be filled with the Holy Spirit and some of the results of being filled with the Spirit. These are things that will happen in your life and through your life when you are filled with the Holy Spirit.

Gal. 5:22 & 23 tells us what happens in our lives as a result of living the Christian life in the power of the Holy Spirit.

1. How would your life change if you experienced these nine fruits regularly?

Acts 1:8 says, "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

2. Why do we need his power? (See also John 15:5)

We are filled with the Holy Spirit by faith.

Ephesians 5:18 commands us to be filled with the Holy Spirit. 1 John 5:14-15 promises that “. . .if we ask anything according to his will, he hears us. ¹⁵And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

You can be filled with the Spirit right now if you are willing to confess your sins and yield control of your life. Confessing our sins (see 1 John. 1:9) brings us into agreement and right standing with God concerning what we’ve done. Yielding control gives the Holy Spirit permission to direct us (If He is in control, He also empowers us).

The following is a suggested prayer:

Lord Jesus, I confess that I have been directing my own life. I now yield control of my life to You and ask You to fill me with Your Spirit as You commanded me to do. Thank You that based on Your promise in 1 John 5:14-15, I can know that now Your Spirit will direct and empower me. In Jesus’ name, Amen.

Prayer is talking with God. If this prayer expresses your desire, you can pray it in faith right now and be filled with the Holy Spirit.

Some people feel differently when they ask the Lord to fill them with the His Spirit. Some people have dramatic manifestations. Some people don’t notice anything at all. How it happens doesn’t matter because we are filled with the Spirit by faith (refer to the train diagram in lesson 2) not by our feelings.

As you now yield your life moment by moment to the Lord, you will notice the fruit of the Spirit increasing and a new power to be a witness for Him.

Questions for Review

1. What do you do when you take back control of your life and feel the conviction of the Holy Spirit? See I John 1:9
2. John 16:5-14 has a lot to say about what the Holy Spirit will do. What are some of these things and how do they apply to you now?

4. Look up Galatians 5:19-23 Verses 19-21 talk about the “fruit” of the old life. Verses 22 & 23 talk about the fruit of the Spirit. From these lists, what do you see that needs to decrease and what needs to increase in your own life?

5. How have you experienced the power of the Holy Spirit so far?

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